

Value - Want GRID - Sample Sheet

Value	Want	Doing	Grid Lines	Examples
✓	✓	✓	1	Gym, book reading
		X	2	Tennis, teaching horse riding to kids
✓	X	✓	3	Swimming, taking families for shopping
		X	4	Eating higher quantities of vegetables, Tahajjud
X	✓	✓	5	Speeding
		X	6	Sightseeing, banana split
X	X	✓	7	Living with pollution
		X	8	Over eating, Pepsi